

**PERIODIC TEST-1 (2022-2023)**

**NAME:** \_\_\_\_\_

**GRADE : V**

**SUBJECT : Science**

**DATE:18.7.22**

**TIME : 1 ½ Hours**

**Total Marks: 30**

**I. Choose the best answer.**

**5X1=5**

1. The nutrient rich in ghee is \_\_\_\_\_.

a) carbohydrates.    b) fats    c) proteins.    d) vitamins

2. We get roughage from \_\_\_\_\_.

a) milk    b) eggs    c) fruits    d) cheese

3. Find the odd one.

a) rickets    b) beri beri    c) scurvy    d) corona

4. Rayon is made from \_\_\_\_\_.

a) coal    b) wood pulp    c) acetylene    d) acid

5. \_\_\_\_\_ is the most widely used synthetic material.

a) plastic    b) nylon    c) rayon    d) polyester

**II. Answer the following questions briefly.**

**4x2=8**

6. State any two uses of nylon

7. Do you think using plastic is good? Give a reason to support your answer.

8. Why is junk food not good for us?

9. Name some sources of protein

**III. Answer the following questions.**

**3x4= 12**

10. What are nutrients? Specify the nutrients present in the following food items.

i) cheese    ii) potato    iii) sugarcane

11. Write any four advantages of using synthetic fabrics.

12. Fill in the blank spaces in the following table.

Goitre	_____	Swelling of the gland in the neck.
	Vitamin C	Infection and bleeding of gums.
Anaemia		

**IV. Answer the following in a paragraph.**

13. What is a balanced diet?

Draw a diagram to show the different nutrients present in a balanced diet.